

A Prayer of Disavowing

Kai Karrel

Dear God, I ask to come to completion and start anew. I ask to disavow any vows I have made without proper awareness or conscious choice. I ask to break any promises, which I made and could not complete. In their stead, I ask for guidance and inspiration to untie those ties and find other ways to bring those open currents to their utmost completion and closure.

I ask for divine guidance and assistance so I may complete this process of disavowing and bring myself to a place of center, harmony, and truth. If in breaking these vows or promises I might cause hurt or challenge to any of my brothers and sisters I ask that you guide me to do so with kindness, love, and compassion. Help me stand in wholeness and integrity and ask for forgiveness.

I ask to redeem my karmic debts and release any bonds, restrictions or limitations I have brought upon myself while not respecting my own vows or being unable to fulfill my promises. I stand responsible for my own actions and ask to come to a place of understanding of my own wounding so this pattern of behavior will shift into one of integrity and truth.

I ask for your help and loving guidance so this prayer will be answered and my truth be known. I speak with sincerity and pray with conviction. As I make this declaration I invoke the trinity flame within my heart; standing firm in calling forth a different reality where I can consciously make future promises and vows with utmost care and awareness.

Dear God, I thank you for your presence and reminding me of the impact my words and actions have on my brothers and sisters. I understand the gravity of living without integrity and not completing what I was called to complete. I use this opportunity to shift my vision and the path I choose to walk on to ones of determination, harmony and utmost truth.

And so it is.